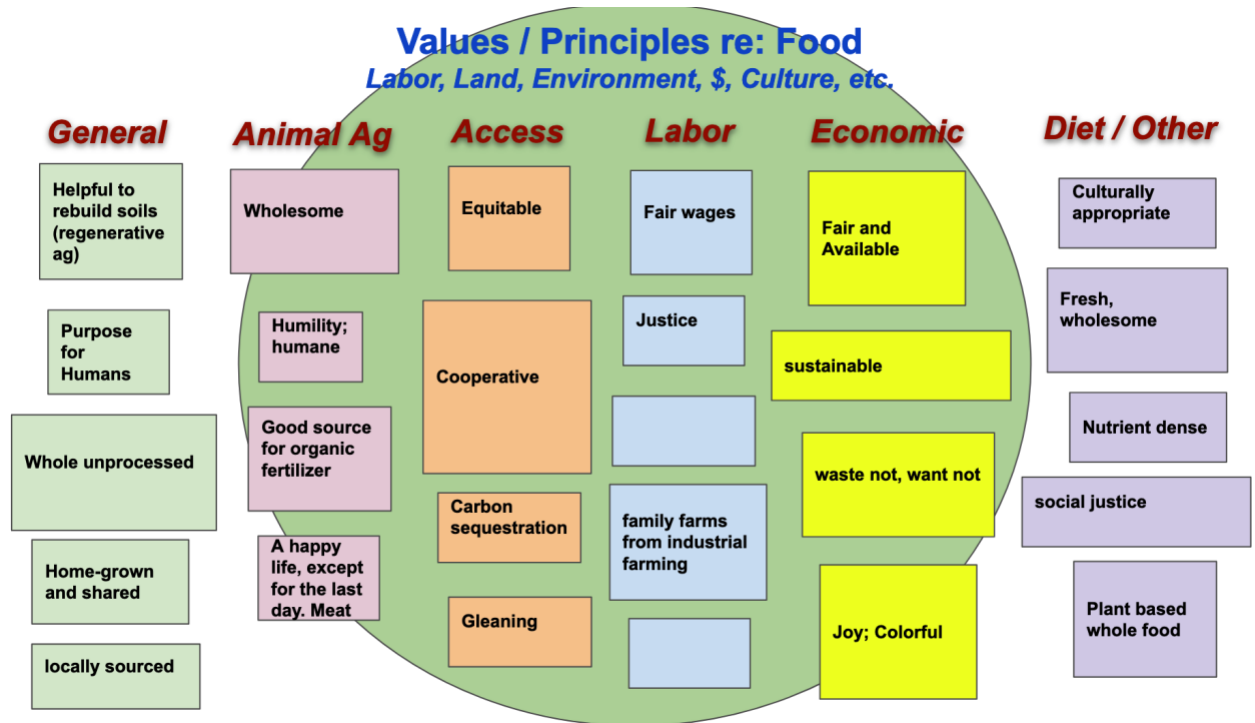


FOOD & CLIMATE WORKSHOP FOLLOW-UP

Photos of everyone are at the bottom



Additions from chat:

Gratitude
colorful
ACCESS
locally grown & sources
Healthful
sustenance
nurturing
waste not, want not
Health
Delicious-ness
responsible
Our ancient siblings
weight control
Community building
socially share
Healthy
land management
family
delicious
Food is essential for life.
Local
like manna in the wilderness-just enough, no less no more!

community-oriented
letting those on the land make the decisions
community
Education
Raw unprocessed
tasty
the purpose for humans
grounding
natural
food equals energy/survivability
we tend the soil, the soil
nourishes us
truly organic
Co-operative
nonviolent
connected to earth and others
gleaning
connectivity
affordable for all
community
generational
Available to all

Fair wages
Community Based
Fair trade
Healing and sharing
just wage
Grow it myself
add shared to economics
safe working conditions
fair wages
safe from pesticides for workers
land security
Personal, Social and Economic
Strength
union
cultural
Blessing, land blessing, blessing of garden and gardener
organic
learning and teaching
foraging
use what you buy-less waste
Not a commodity
not exploitive of labor

Too many CAFOs (Concentrated
Animal Feeding Operations)
Communion

moderation of consumption
Eucharist
people over profits

Genesis.... to dress and keep the
garden

FORM RESULTS –

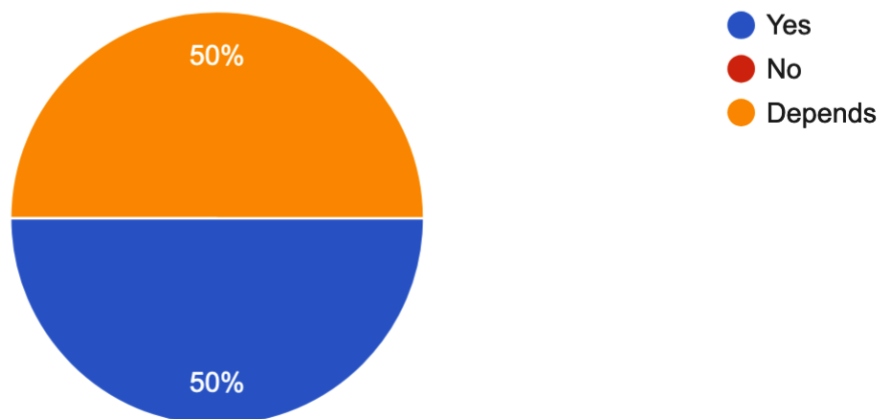
We had 13 contributions in the form about initiatives participants felt had merit

- 1) Land Access Alliance - providing access to land in Northeast MN for wild gathering and growing of food.
- 2) Native plant and trees!!!
- 3) Jonesborough Locally Grown, <https://www.jonesboroughlocallygrown.org> Hoffman
Composting Johnson City TN <https://www.jonesboroughlocallygrown.org>
- 4) Growing kernza vs wheat
- 5) Myrtle Woods Farm, Elkridge
- 6) <https://bountyandsoul.org> both providing food and education
- 7) Community Supported Agriculture (CSA)
- 8) Johnson-Wu bioreactor which makes micro nutrition from leaves
- 9) Local Grower's Markets in our community
- 10) Food Is Free Albuquerque (FIFA) - gleaned and redistributing
- 11) Farmshed in Stevens Point, WI
- 12) Capital Area Food Network, Raleigh, NC <https://www.capitalareafoodnetwork.org>
- 13) Community food cooperative distributions, many organizations involved

And 10 people were split on this question:

Is an octopus a better global citizen than a human being?

10 responses



Their explanations:

- Depends what hat you are wearing
- It doesn't exploit or waste or produce nuclear weapons

- Octopi do not accumulate things
- Humans can be reciprocal or extractive in their practices.
- Not abusing the climate
- An octopus only uses what it needs (at least as far as I know currently, with my limited knowledge of their habits!)
- the octopus lives in harmony with its environment.

WORTHY INITIATIVES GLEANED FROM CHAT:

From Ella Joan Fenoglio to Everyone:

YES!! Kiss the Ground, 2020 movie addresses this issue quite nicely. Restoring the land!

20:08:22 From Pat Schwinn (she/her) on unceded Ohlone Land to Everyone:

STOPPING FOOD WASTE - <https://foodshift.net/about-us>

20:08:26 From David Kimball to Everyone:

Community Gardens & Gardeners Markets

20:08:28 From Constance Foss to Everyone:

Wasted! documentary, narrated by Anthony Bourdain

20:08:38 From Mary Grossnickle to Everyone:

Giving Gardens

20:08:40 From Manella Calhoun to Everyone:

church gardens donate produce to food bank,

20:08:42 From Jpan Tempas-Arcata ca to Everyone:

CSA

20:08:45 From Lynne West to Everyone:

Tewa Women United <https://tewawomenunited.org>

20:08:53 From Susan Gilbert Zencka to Everyone:

Farmshed in Stevens Point, WI

20:08:54 From Linda Gaines to Everyone:

Mother Earth Farm Puyallup WA

20:08:54 From Constance Foss to Everyone:

Just grow something!

20:08:55 From Jeannie Farmworker Association of Florida she/her to Everyone:

Building community and capacity of and between farmworkers in Campesinxs Community Gardens in Florida and the food sovereignty/agroecology movement within and among farmworker organizations in the country. Building power from the ground up.

20:09:02 From Cathy Hudson to Everyone:

Real Food Project

20:09:03 From Gerri Wiley to Everyone:

VINES

20:09:20 From Geoff Orth to Everyone:

Our church has embraced local gleaning movement to harvest and redistribute fresh produce to end users in need, including many who live in food deserts. So far, we've gleaned over 72 tons in six years.

20:09:30 From SusanPresson/ Asheville, NC to Everyone:
ASAP = Appalachian Sustainable Agricultural Project

20:09:32 From Connie Knapp to Everyone:
<https://bountyandsoul.org> **A community founded effort to feed and educate folks about food**

20:09:34 From Jean Brown to Everyone:
PLENTY in Floyd, VA

20:09:43 From Constance Foss to Everyone:
Louisville metro parks community gardens - Emerson garden is fabulous

20:10:04 From Cindy Corell to Everyone:
<http://www.jonesgarden.org>
<https://www.polyfacefarms.com>

20:10:23 From Karen Wilson to Everyone:
incorporating algae into energy source

20:10:28 From Cathy Hudson to Everyone:
The Real Organic Project

20:10:32 From June Eakin to Everyone:
Hungry Harvest in MD and VA
www.hungryharvest.net

20:10:56 From Holly Hallman to Everyone:
<https://cagj.org/food-justice/>

20:11:06 From Cindy Corell to Everyone:
<https://abowlofgood.com> — **Harrisonburg, VA**

20:11:39 From SusanPresson/ Asheville, NC to Everyone:
Organic Growers School, Asheville, NC

20:11:42 From Holly Hallman to Everyone:
Watch The Biggest Little Farm with the whole family to see the joy o how this works.

20:13:06 From Pat Schwinn (she/her) on unceded Ohlone Land to Everyone:
My congregations' First-Ever Climate-Friendly Cookbook
<http://mpcfamily.org/cookbook>

20:20:56 From Bob Lee to Everyone:
Haiti Reforestation Partner project in Haiti has helped a community of over 1500 people.

20:23:47 From Mindy Hidenfelter (PEC Coordinator) to Everyone:
<https://www.netflix.com/title/81045007>

20:23:58 From Mindy Hidenfelter (PEC Coordinator) to Everyone:
My Octopus Teacher on Netflix

20:26:22 From David Abazs - Finland MN to Everyone:
More information of the Forest Assisted Migration Project here...
<https://www.arrowheadgrown.org/forest-assisted-migration-project>

OTHER RESOURCES:

Food Sovereignty For All: Overhauling the Food System with Faith-Based Initiatives

First, learn what else is going on in your community and join in those initiatives, and learn about the policies that impact food access, agriculture and related areas. Changing food policy at the local level is a critical step to creating a more just and sustainable local food economy. Also, you can learn about various faith-based initiative using the *Food Sovereignty for All Handbook* for guidance. [[Download PDF](#)]

Louisville Initiatives:

- [Fighting Food Apartheid with Louisville's Black Market Grocery Store](#)
- [5th Element Farm](#)

About Agroecology:

- [Agroecology blog posts from Food & Faith](#)
- [Shifting Funding to Agroecology](#)
- [Puerto Rico and Agroecology](#)

Additional articles, videos +

- [What chicken nuggets tell us about capitalism](#) – Short video with Raj Patel
- [Reforestation through assisted migration in Minnesota](#)
- [The collective future of American agriculture](#)
- [My Octopus Teacher](#) – where to watch it
- [Cancel the Apocalypse: Here Are 30 Documentaries to Help Unlock the Good Ending](#)
- [How to Change Your Mind: What the New Science of Psychedelics Teaches Us About Consciousness, Dying, Addiction, Depression, and Transcendence](#) – by Michael Pollan
- [Paul Stamets – Psilocybin Mushroom Medicines: A Paradigm Shift in Global Consciousness](#)
- [7 Principles of a Climate-Friendly Diet](#)

Here is a skipped section on Racism in food/farming and beyond -

Looking at our history, Black people were enslaved and for centuries have provided cheap labor in fields and factories. Blacks and other people of color have over centuries built much of the wealth of this country, all on lands stolen from Indigenous Peoples.

- Then with globalization -- cheaper labor became available from global migrations of people, many immigrants, and in the race to the bottom, factories and production went to Mexico, then Latin America and Asia, and now increasingly in Africa.
- Considering Black men especially, as they were no longer needed in the fields or factories, they became dispensable, and so white men, primarily, expanded a lucrative system of policing and prisons to extract Black men from their communities and to extract their labor, first through convict leasing and now by

paying them as little as 4 cents per hour of work. We had the influx of cocaine and then crack into the cities, followed by the war on drugs, which put tens of thousands of mostly Black men in prison:

1. Black people are 20% more likely to be sentenced to jail time and receive 20% longer sentences than white people for similar crimes.
 2. One in three black men can expect to go to prison in their lifetime. A system set up to punish rather than rehabilitate. And as we know too well, many will be killed by the police.
- All that to say that the system continues its mistreatment and exploitation of people of color, especially Blacks and especially Black men, as well as the poor and the working classes. The net worth of Whites families compared to Black families is about 8 to 1, a greater disparity than at the beginning of the 1900s after two decades of intensified Jim Crow laws.

The slides about LAND and Soul Fire Farm (71 - 82) were skipped to save time. (see powerpoint)

Land Policy - [Land Policy: Towards a More Equitable Farming Future](https://sustainableagriculture.net/blog/nyfc-land-access-report-2021/) in policy piece (4/16/21) <https://sustainableagriculture.net/blog/nyfc-land-access-report-2021/>

A Few More Words on Food Sovereignty:

Food sovereignty at its heart means applying democratic approaches to food and farming. Under food sovereignty, the farmers and workers who provide our food have a say in what kind of conditions they work under and whether they are paid fairly. On the consumption end, we have a say about the kind of foods we have access to. And everyone I know would like food to be healthy, fresh, and delicious!

Food sovereignty also means ecological food production, methods which make the least negative impact on soil, water, and climate, and may even regenerate ecosystems and sequester carbon from the atmosphere. LVC: Agroecology cools the planet!

We have a long way until we achieve food sovereignty. Currently, giant food corporations determine the work conditions and the types of food we get, which are literally killing us – the workers dying of heat exhaustion and chronic kidney disease and the millions of consumers eating the denatured, crap that advertisers push on us.

Food Sovereignty and Climate Change:

Food sovereignty is key to addressing the climate crisis. Agriculture and related land-use changes have an enormous impact on the environment! Agriculture alone is estimated to produce 14% of all human-caused carbon emissions (*citation*) and to this you must add millions of acres of

forests which are clear-cut for livestock grazing and fodder, and to establish palm, soy, and sugar plantations. The livestock sector alone is responsible for about 44% of human-induced methane (CH₄) emissions, 53% nitrous oxide (N₂O) and 5% carbon dioxide (CO₂). (*citation*) A large portion of farmable land is plantation agriculture producing commodity crops to burn in engines or to feed to animals produced on giant factory farms. Food sovereignty, which stands on the pillar of agroecology, means shifting away from these destructive practices and focusing on producing good food for people and healthy, dignified livelihoods for everyone.

While we pointed to the damage that conventional livestock, especially beef, have on the environment, regenerative production - if we can shift to such - has great potential for mitigating global warming. From Soil4Climate:

Regenuary Statement

Managing livestock holistically is the number one way to restore soil and sequester carbon on 1/3rd of the landed surface of the planet is naturally a perennial grassland or savanna ecosystem. As environmentalists and climate activists, it is our responsibility to eat food from these ecosystems FOOD that is produced in ways which enrich their soil. This will almost always mean animal products brought forth in accordance with ecological principles or vegetable and tree-based foods grown in integration with well-considered animal husbandry.

In no scenario - none - is fake food, cultured meat, or industrial, glyphosate-sprayed, GMO soy-based and ocean dead zone-expanding, Imposter Foods, or similar patented FrankenFood, a solution for the environment or the climate. To the contrary, they are exactly the convenient, but wrong, approach that exacerbates, not lessens, our reliance on chemicals and industry. Furthermore, and perhaps of greatest significance, they disenfranchise rather than empower, the small and medium-sized producers who are the heart and soul of every nation from time immemorial.

It is the responsibility of all concerned citizens to push against this corporate assault on common sense. This Regenuary, the entire Soil4Climate community and I are honored to stand with the heroes of soil-enhancing regenerative agriculture, including organic farmers and holistic ranchers - those who know the smell of compost and sound of calving - those who are doing the most to restore soil and drive back desertification - those who are not just mitigating, but, actually, helping to reverse, global warming, while, simultaneously, producing complete protein, naturally, ethically, and in synch with the rhythms of Mother Earth. God Bless them, and God Bless humanity.

Seth J. Itzkan; Cofounder
Soil4Climate Inc.

EMERGENT STRATEGY –

Core principles of emergent strategy, from adrienne maree brown:

- Small is good, small is all (The large is a reflection of the small)
- What you pay attention to grows
- Change is constant (Be like water)
- There is always enough time for the right work. There is a conversation in the room that only these people at this moment can have. Find it.
- Never a failure, always a lesson
- Trust the People (If you trust the people, they become trustworthy)
- Move at the speed of trust (*from Steve Covey*)
- Focus on critical connections more than critical mass—build the resilience by building the relationships
- Less prep, more presence

“It is our duty to fight for our freedom.

It is our duty to win.

We must love each other and support each other.

We have nothing to lose but our chains.”

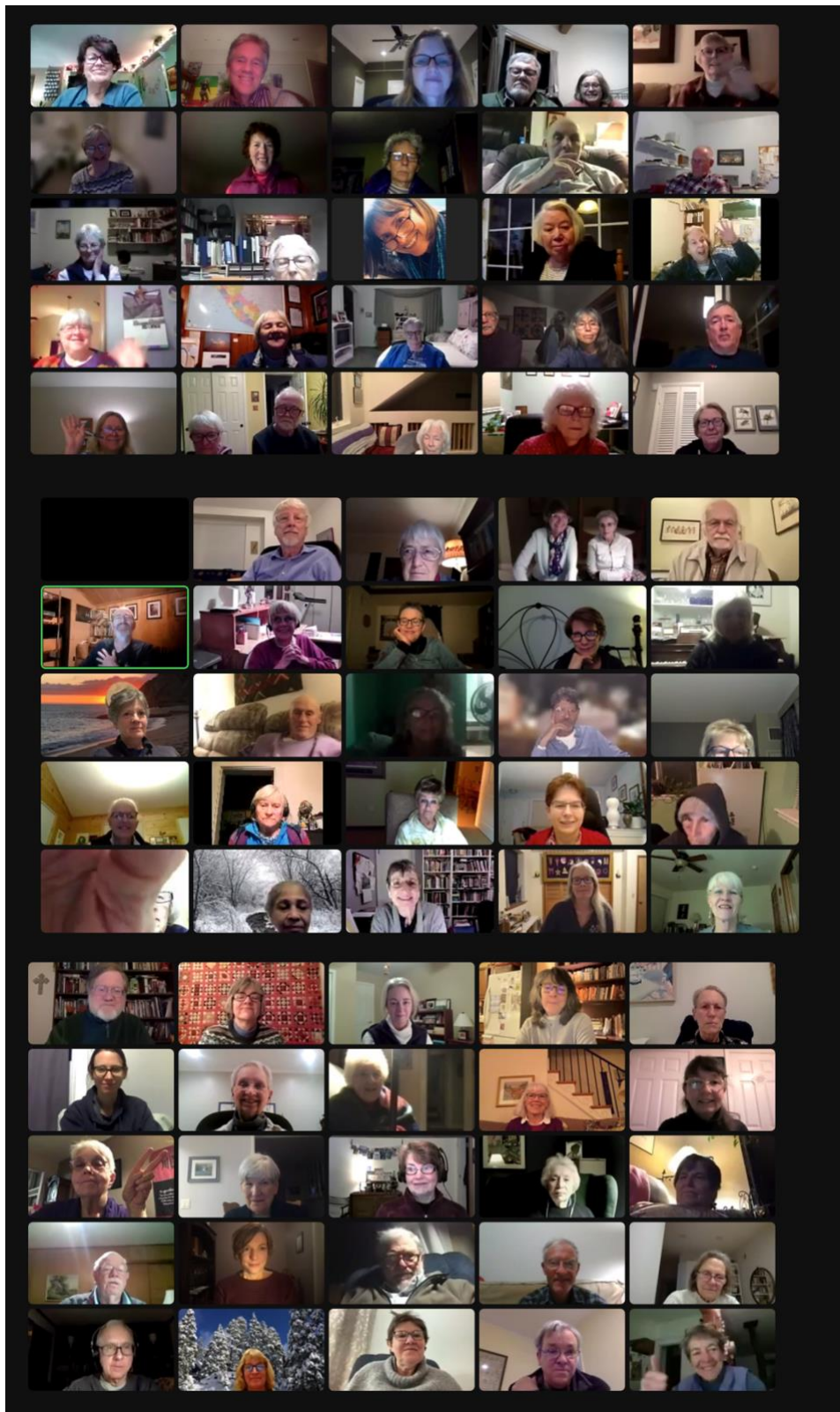
~ Assata Shakur










Finally, I encourage you to take action in support of climate justice! If you want to do more, take small or big steps every day. Make it a habit. If you listened to Hidden Brain recently, you’ll know that making habits is about reducing friction and/or rewarding yourself for doing the new behavior. So, figure out what works for you. You want to jog every morning? Wear your running pants and shirt to bed. Or only listen to your favorite podcast while you are running...










If you want to do more, choose something you are drawn to and just start. Don’t agonize about whether it’s the most effective action based on your conjunctural analysis! Just do it, stay in motion, experience will bring insights with it.

And find a comrade. Find one person who agrees to check in with you periodically on your progress. It might be someone in this workshop. I’d be happy to get on a call with you once a month see how things are going. Don’t make a big deal of it, but schedule it. Put in on your calendar – 10 minutes every Thursday or on the 1st of each month at 10AM, you’ll check in with another sucker. Or maybe it’s with a small group, like an earth care team.

Find an accountability partner and make your activism a habit of life.



Diana	harriet snead	Audrey Suhr	Lynne West	
	Annie S - FWAF		Susan	
Amy and Ken Linf...		Ifagerholm	Mary Evans	
	Jeannie Farmwor...	Azhar	Cathy Hudson	Laird, Glenn and/...
Richard Person	D.Elizabeth		Carmen Hampton	

				mary smarr
ellen kiel		Denise Pillow	Lorraine	Allyson Metcalf
donna	Bob Lee	Diana	harriet snead	Audrey Suhr
Lynne West			Annie S - FWAF	
Susan		David and Rebec...	Amy and Ken Linf...	