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Sustainable  
Holidays:  
Celebrating  
Christmas with a  
Focus on Earth  
Care

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As we enter the holiday season, you may be wondering how to reduce your impact and still enjoy all of your favorite traditions while also having a sustainable holiday season. But have no fear! You can make plenty of wonderful sustainable Christmas memories and have a lower environmental impact.





# 1) USE SUSTAINABLE HOLIDAY GIFT WRAP

Most mass-produced wrapping paper and gift bags are printed using unsustainable inks and coated with shiny foils — which are not recyclable. Get creative and wrap gifts with materials that you have around the house, like old maps, comics, or paper shopping bags. You can also use any pretty, clean fabric like scarves, bandannas, or dish towels for a reusable wrapping. Create your own bows from strips of colorful paper and accessorize with twine, pressed leaves, and pinecones.



## 2) PREPARE AN ECO FRIENDLY FEAST

While preparing all of your favorite holiday dishes, try to support local farmers that grow sustainable meat and produce. Not only will fresh, local ingredients lend an extra vibrancy to your meals, the food will taste better, too.

3) GET REAL SUSTAINABLE  
CHRISTMAS TREE





## 4) SWITCH TO LED HOLIDAY LIGHTS

While Christmas lights don't use as much electricity as other things, switching to LED lights can save you around \$50 on your holiday season energy bills because they use 90% less energy. And, you don't need to replace them as often!



## 5. GIVE SUSTAINABLE CHRISTMAS GIFTS



Every item on this list is sold by an eco-conscious brand that plants trees with One Tree Planted:

- 1) ORIGINS (Skin Care)
- 2) GRUBMARKET (Local Food Connector)
- 3) TRINORDIC (Outdoor Gear)
- 4) FARM RIO (Fashion)
- 5) BROWNE FAMILY WINES (Wine)
- 6) MELISSA & DOUG (Children's Toys)
- 7) ASICS (Athletic Shoes)
- 8) NOBLE OAK & FLOR DE CAÑA (Alcohol Brands) \*
- 9) HOUSE OF MARLEY (Music)
- 10) WOODWICK CANDLES

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...and many more!



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## 6) DO A GIFT SWAP

Any actionable decision to reduce and reuse things can help your holiday be more sustainable!





## 7) RECYCLE YOUR CHRISTMAS TREE

Every year, over 10 million Christmas trees end up in landfills. We know that, especially when living in an urban setting, it can be challenging to properly dispose of your tree, but many municipalities offer solutions to this. So look into what local programs are available, like turning your tree into mulch or wood chips, or even donating it towards an environmental project like stream bank stabilization.



The background is a dark green color. In the top right and bottom left corners, there are decorative illustrations of green leaves and red flowers. There are also four white starburst symbols scattered across the background: one in the top left, one in the top right, one in the bottom center, and one in the bottom right.

8) DONATE TO  
ONE TREE PLANTED



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Have a Merry Christmas  
and a Prosperous New year!

*From, One Tree Planted*

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